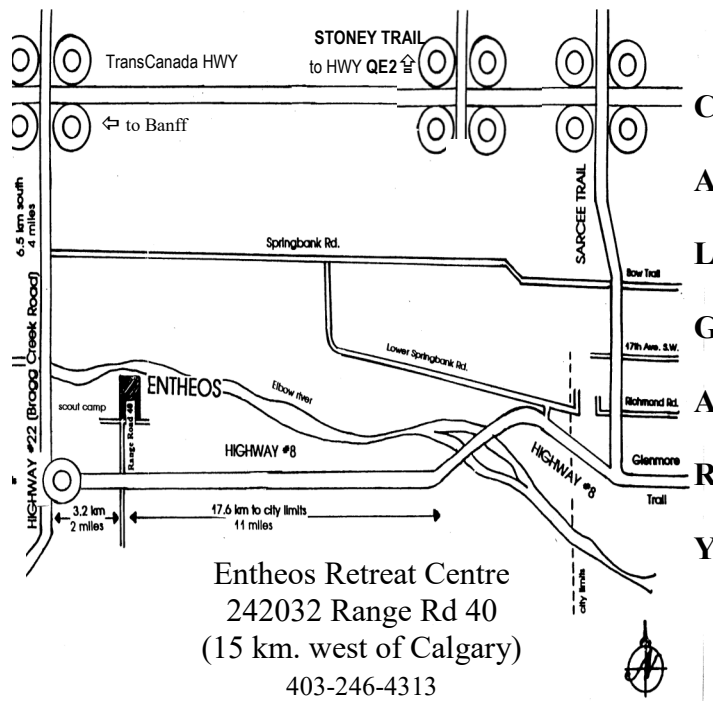


**Christ is in our midst!
He is and ever shall be!**

To our Beloved Sisters in
Christ,

Our 19th annual Orthodox Women's Retreat will be held September 13, 14 and 15th of 2019. We are thankful to once again be able to offer this weekend filled with spiritual nourishment, and to provide an opportunity for the women in our Church community to worship, learn and to share in each other's lives.

Come and join us!

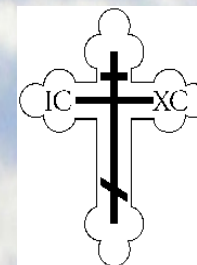


How to find us:
type in postal code T3Z 2W8 into Google Maps

PLEASE REMEMBER:

1. Confirmation of registration will be given via email. Please print your email address clearly.
2. Bring: Bible, prayer books, notebook, pen, walking shoes, layered warm clothing, jacket, toiletries, alarm clock, camera, flashlight and extra blanket/throw.
Standard bedding and towels provided.
3. Icons, books & gifts will be available Friday and Saturday for purchase. (cash or cheque only)
4. In kindness and respect to others, please ensure showers are not before 6:30 a.m. and concluded before 11:00 p.m.

Orthodox Women's Retreat



Spiritual Refreshment & Growth
in the Foothills

**INCARNATING CHRIST
IN OUR WORLD**

an Exercise in Martyrdom

Abbot Tryphon

**September 13th-15th, 2019
Calgary, Alberta**

INCARNATING CHRIST IN OUR WORLD

an EXERCISE in MARTYRDOM

Guest Speaker: Abbot Tryphon, a convert to the Orthodox Faith, was raised Lutheran. Raised in Sandpoint, Idaho, his father was a golf pro, and his mother was a church organist and music teacher. Drifting away from his Christian roots, Abbot Tryphon eventually became a psychotherapist, and found himself holding to atheistic ideas.

An inner longing for something more, led to an exploration of ancient Christianity, and his embrace of Orthodoxy. He's been an Orthodox monk for almost forty years.

SCHEDULE

FRIDAY

4:30 p.m. Retreat Doors Open

5:00 p.m. Registration, Reception
6:30 p.m. Opening Prayers for the retreat
followed by Snack, fellowship, Icon/book tables
8:00 p.m. SESSION 1
9:30 p.m. Free Time
11:00 p.m. Quiet Time

SATURDAY

8:00 a.m. Morning Prayers
8:30 a.m. Breakfast
10:00 a.m. SESSION 2
12:00 p.m. Lunch
(fellowship, walk)

1:30 p.m. Group Photo
2:00 p.m. SESSION 3
3:30 p.m. Silent Hour
5:30 p.m. Dinner
7:00 p.m. Great Vespers

8:00 p.m. SESSION 4 & WRAP-UP
Confession available
9:30 p.m. Free Time
11:00 p.m. Quiet Time

SUNDAY

9:00 a.m. Divine Liturgy
11:00 a.m. Closing & Brunch
-retreat attendees only
1:00 p.m. Departure



'I have become all things to all people so that by all possible means I might save some.'

1 Corinthians 9:22 (b)

REGISTRATION FORM

ONE APPLICANT ONLY PER REGISTRATION FORM

(please print clearly)

This is an adult Women's Retreat, however daughters age 14 years & up may be registered accompanying their mothers.

Name _____

Address _____

City _____ Postal Code _____

Email _____

Phone _____ Cheque # _____

Parish _____

Suggested Roommate _____

Roommate's Parish _____

Registration fee: \$240.00 double occupancy; includes sessions, lodging and meals (no dinner Friday evening)

(we do not accept e-transfers)

DEADLINE SEPTEMBER 1st, 2019

Payment Option: 2 cheques:

\$120 dated August 1st

\$120 dated September 1st

Please make cheques payable to:

Orthodox Women's Retreat

And mail to: Orthodox Women's Retreat

Joan Popowich

Box 7 Site 11 RR1

COCHRANE, AB T4C 1A1

Registration contact:

Joan Popowich: jrpopowichdv@xplornet.com

Information Contacts: ph: 403-932-7724

Matushka Barbara Eriksson: ph: 403-686-4270

barbara@eriksson-home.net

Ghada Ziadeh: ph: 403-240-2549

ziadehe@telus.net

SPACE IS LIMITED-PLEASE REGISTER EARLY TO ENSURE PLACEMENT

Food allergies/Special dietary needs: _____

If you require a pick-up from bus or plane, please check here _____ and contact Ghada: ziadehe@telus.net or 403-240-2549